



What's Holding You?

Jackson Arnett

August 16th & 17th, 2025

Jesus is the TRUTH and the WAY to the good LIFE.

"Anxiety can be used by God to transform your life with a blossoming of spiritual growth."

— Curtis Chang

Worry reveals a TRUST issue.

Luke 12:27-28, Psalm 103:13-17



HIGHDESERTCHURCH



HIGHDESERTCHURCH.COM

"The strongest remedy, the surest balm, and the most comforting pillow God provides for the despairing and anxious is the revelation of His own nature."

– Johnny Ardavanis

Psalm 103:19

Worry reveals a HOPE issue.

Luke 12:29-30



HIGHDESERTCHURCH



HIGHDESERTCHURCH.COM

"Anxiety is the smell of your idols burning"

– Nathan Finochio

Psalm 103:3-4, Psalm 103:5

Worry reveals a PRIORITIES issue.

Luke 12:31, Psalm 103:1-2, Psalm 1:2-3



HIGHDESERTCHURCH



HIGHDESERTCHURCH.COM

Recommended Resources:

– *The Anxiety Opportunity: How Worry Is the Doorway to Your Best Self* by Curtis Chang

– *Consider the Lilies: Finding Perfect Peace in the Character of God* by Jonny Ardavanis

– *The Worry-Free Parent: Living in Confidence So Your Kids Can Too (Parenting Girls & Parenting Boys and Living Free from Anxiety)* by Sissy Goff

Text **Bible** to **64567** for daily devos



HIGHDESERTCHURCH



HIGHDESERTCHURCH.COM